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GYMNASTIQUE  
EUROPÄISCHE TURNUNION  
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To the UEG Member Federations

## Clarifications/corrections and new elements Teamgym No 1 2004

Corrections and new elements to the Equipment Directives and Code of Points TEAMGYM edition  
May 2004.

### Corrections

#### *Equipment Directives*

Art. 3.3.1 Trampettes

Height – back part: 45 to 70 cm (+/- 5 cm)

### Clarification in Code of points

#### *Art. 35 Trampette*

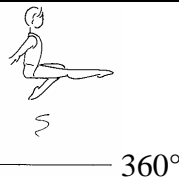
##### 35.1 With vaulting apparatus

Group 3				
<i>With vaulting apparatus backwards</i>				
Code	Element	Symbol	Women/ Mixed	Men
Tr 6	Tsukahara – Straight 720° & <u>Kasamatsu 360°</u>	TSU / 720°	4.0	3.8

## New elements in Code of Points

### Floor Programme

#### Art. 31 JUMPS

Code	Element	Description	Value
J112w J112m	Scissors leap forward, legs under horizontal and with a 180° turn from take off until landing		w 0.1 m 0.2
J210w	Split leap forward with leg change. Leg separation after leg change >135° (women)		0.2
J311	Stretched jump with 360° turn to laying support (push up position)		0.3
J312	Cossack jump with 360° turn		0.3
J313	Scissors leap forward first leg at horizontal or over ( $\geq 90^\circ$ ), second leg above 120°, with a 180° turn from take off until landing. Round Kick.		0.3
J314	Split leap forward with leg change with 180° turn. Leg separation after turn 180°		0.3
J315	Split leap forward with leg change ( $>135^\circ$ after leg change) and 90° turn to side split leap or straddle pike. Leg separation after turn $>135^\circ$		0.3

#### 32.1 Balance elements

Code	Element	Description	Value
B107	“Spider” stand (leg support on elbows)		0.1
B210	Standing on one knee, free leg held $>90^\circ$ (forward or sideward) without help of hands		0.2
B211	Standing on forearms with 90° angle in elbows		0.2
B212	Sitting on one’s heels on one foot on tiptoes. Free leg held $\geq 90^\circ$ (forward or sideward) without help of hands		0.2
B213	Hand and shoulder support (two hands and one shoulder)		0.2

#### 32.2 Power elements

Code	Element	Description	Value
Po203	From Handstand lowering to “spider” stand (leg support on elbows)		0.2
Po204 = B207	Planché with bent arms (hip support on bent arms)		0.2
Po309	Press to handstand with straight legs. Legs apart or together. Starting with the hip below shoulder height.		0.3

## Art. 34 Tumbling elements

<b>Group 1</b> Forwards				
<b>Code</b>	<b>Element</b>	<b>Symbol</b>	<b>Women/Mixed</b>	<b>Men</b>
Tu 14	Front – Tucked 360°	$\delta_{360^\circ}$	2.3	1.9
Tu 15	Front - Straight 900°	$\delta_{900^\circ}$	3.6	3.2
Tu 16	Double Forward - Piked	$\delta\delta$	4.0	3.6
Tu 17	Double Forward - Tucked 180°	$\delta\delta_{180^\circ}$	4.0	3.7
Tu 18	Double Forward - Piked 180°	$\delta\delta\delta_{180^\circ}$	4.0	3.9
Tu 19	Double Forward - Tucked 540°	$\delta\delta_{540^\circ}$	4.0	4.0
<b>Group 2</b> Backwards				
<b>Code</b>	<b>Element</b>	<b>Symbol</b>	<b>Women/Mixed</b>	<b>Men</b>
Tu 37	Back – Tucked 360°	$\ell_{360^\circ}$	2.3	1.9
Tu 38	Back – Straight 900°	$\ell_{900^\circ}$	3.6	3.2
Tu 39	Back – Straight 1080°	$\ell_{1080^\circ}$	3.9	3.5
Tu 40	Double back - Tucked 180°	$\ell\ell_{180^\circ}$	3.9	3.2
Tu 41	Double back - Tucked 720°	$\ell\ell_{720^\circ}$	4.0	4.0

## Art. 35 Trampoline

### 35.2 Without vaulting apparatus

<b>Group 5</b> <i>Without vaulting apparatus</i>				
<b>Code</b>	<b>Element</b>	<b>Symbol</b>	<b>Women/Mixed</b>	<b>Men</b>
Tr 62	Double Front Tucked 900°	$\delta\delta_{900^\circ}$	4.0	3.9



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