

## Team Gym Codes 2010

With effect from January 2010 the following rules will apply to all British Gymnastics Teamgym events. There will be **four** levels of National competition; **National Level 1, National Level 2, National Level 3** and **Disabilities**. The teams in each category scoring the qualifying mark will qualify for the British Final or the **top two** scoring teams. The TGTC reserve the right to amend qualification of teams.

### Qualifying scores for 2010 Teamgym British Championships:

**National Level 1 – 21.00; National Level 2 – 20.00; National Level 3 – 19.00; Disabilities - 18.00 (TBC).**

**National 1 - as per UEG code 2004 No modification.** Regional, National 2, 3 and Disability codes - as per UEG code 2004 with the modifications below: Note: All ages are in the year of the competition

NB. Regional levels may **not** qualify for British Championships. 12 yr olds can **not** compete in Euroteam

Modified Code	National Level 2	Regional Level 1 & 2 Reg 1 = 16+	National Level 3	Regional Level 3	Disabilities one age group
<b>Age Groups</b>	12 yrs - 17 yrs	12 yrs - 17 yrs	9 yrs – 12 yrs	8 yrs – 12 yrs	9 +
	Gymnasts aged 16 in the yr may compete L2 or L1; aged 12 in yr may compete L3 or L2.				Coach may give instruction
<b>FLOOR PROGRAMME</b>	As per the UEG Code of Points 2004 <b>NO Modifications</b>		As per the UEG Code of Points 2004 with the following modifications: A team must include two elements with different code numbers from each of the following groups; 2 Section Elements 0.5 2 Pirouettes 0.5 2 Jumps / Leaps 0.6 2 Balances/ Power 0.6 Combination of two elements 0.3 No difficulty value for individual elements. Missing one element = maximum of 0.2 difficulty value.	As per the UEG Code of Points 2004 with the following Modifications: Reduced time limit, 23 minutes +180° spins + Dish front / back Run or Walk onto floor	
<b>TUMBLING PROGRAMME</b>	As per the UEG Code of Points 2004 with the following modifications: May repeat any UEG Coded Element once in a series.		As per the UEG Code of Points 2004 with the following modifications: May repeat any <b>UEG Coded Element</b> once in a series.		As Reg. Level 3 with the following Modifications May repeat <b>any element</b> twice.
BG Additional Elements		Salto -no twists more than 540°  No double saltos allowed <u>No Value:</u> Forward Rolls Backwd Roll Fwd Walkover	Salto -no twists more than 540°  <u>No Value:</u> Forward Roll Backward Roll Walkover (Fwds)	Salto -no twists more than 360°  <u>No Value:</u> Forward Roll Backward Roll Walkover (Fwds)	As Reg. Level 3  <b>BG Values = 0.4</b> and straddled and straddled and backward W.O.
Once only		<b>Rebounded Jumps:</b> once in series only - no value - stretch with 180°, Tuck, Star, Straddle, Pike jump, (Must be clearly defined - to encourage better tumbling skills)			
<b>TRAMPETTE PROGRAMME</b>	As per the UEG Code of Points 2004		As per the UEG Code of Points 2004 with the following modifications: No double saltos or Salto Vaults allowed No twists more than 540° one round must have 180° twist in free rotation.		As Reg. Level 3 with the following Modifications No twist required No salto required
BG Additional Elements		No deduction for not having Double Salto	Stretched/ Star Jump 0.40 Tuck Jump 0.50 Straddle Jump 0.60 Pike Jump 0.60 *Squat on jump off 0.60 Squat through 1.00		As Regional 3 plus: Squat- Knees 0.40 Min 4 per/run
<u>Vault Heights:</u>	Men	Women/Mixed			
1	165	160			
2	145-165	135-160			
3	135	135	* No additional value to be added		May use platform